

GOOD FUEL SUPPLY CO.

THE NUTRITION GUIDE

Good choices. Good energy. Explore our sample selection and check the manufacturer for the most current label.

PROTEIN / Chomps

Original Beef Stick

Serving: 1 stick (33g)

100 CAL	10g PROTEIN	0g CARBS
0g SUGAR	7g FAT	380mg SODIUM

Allergens / notes: Beef; review manufacturer ingredients for other sensitivities.

[View official manufacturer nutrition and ingredients →](#)

PROTEIN / GoMacro

Peanut Butter Chocolate Chip MacroBar

Serving: 1 bar

290 CAL	11g PROTEIN	39g CARBS
8g SUGAR	10g FAT	15mg SODIUM

Allergens / notes: Contains peanuts; manufactured in a facility processing tree nuts.

[View official manufacturer nutrition and ingredients →](#)

PROTEIN / RXBAR

Chocolate Sea Salt

Serving: 1 bar (52g)

200 CAL	12g PROTEIN	23g CARBS
14g SUGAR	8g FAT	190mg SODIUM

Allergens / notes: Contains eggs, cashews and almonds; may contain peanuts, other tree nuts and milk.

[View official manufacturer nutrition and ingredients →](#)

PROTEIN / Barebells

Cookies & Cream Protein Bar

Serving: 1 bar (55g)

200 CAL	20g PROTEIN	20g CARBS
1g SUGAR	7g FAT	75mg SODIUM

Allergens / notes: Contains milk and soy; contains sugar alcohols.

[View official manufacturer nutrition and ingredients →](#)

PROTEIN / Fairlife

Core Power Elite Chocolate

Serving: 1 bottle (14 fl oz)

230 CAL	42g PROTEIN	9g CARBS
7g SUGAR	3.5g FAT	260mg SODIUM

Allergens / notes: Contains milk.

[View official manufacturer nutrition and ingredients →](#)

SNACKS / Siete

Kettle Cooked Sea Salt Potato Chips

Serving: 1 oz (28g)

140 CAL	2g PROTEIN	17g CARBS
0g SUGAR	7g FAT	SODIUM: SEE LABEL

Allergens / notes: Potatoes, avocado oil and sea salt; source page lists sodium as 140g, likely a unit typo. Confirm on package.

[View official manufacturer nutrition and ingredients →](#)

FAMILY / Happy Baby

Organic Strawberry Yogis

Serving: 1/8 cup

30 CAL	1g PROTEIN	5g CARBS
4g SUGAR	1g FAT	20mg SODIUM

Allergens / notes: Contains milk; infant/toddler product. Check age and feeding guidance.

[View official manufacturer nutrition and ingredients →](#)

MORE BRANDS WE ARE EXPLORING

LMNT Sparkling — Nutrition varies by flavor and can size. Verify exact SKU before publishing figures. Manufacturer site →

Leisure Hydration — Nutrition and ingredients vary by flavor. Verify the exact can label before publishing figures. Manufacturer site →

That's It — Choose a specific bar and size before listing nutrition. Manufacturer site →

Important: This is a sample menu, not a promise of stock or an official Nutrition Facts panel. Information is per listed serving and may change. Always use the package label to check ingredients, allergens and serving size. Brands listed are not represented as partners.